

CCPH 2019

6th Canadian Conference on Physician Health (CCPH)
Oct. 4-5, 2019 | St. John's, Newfoundland

ASSOCIATION
MÉDICALE
CANADIENNE

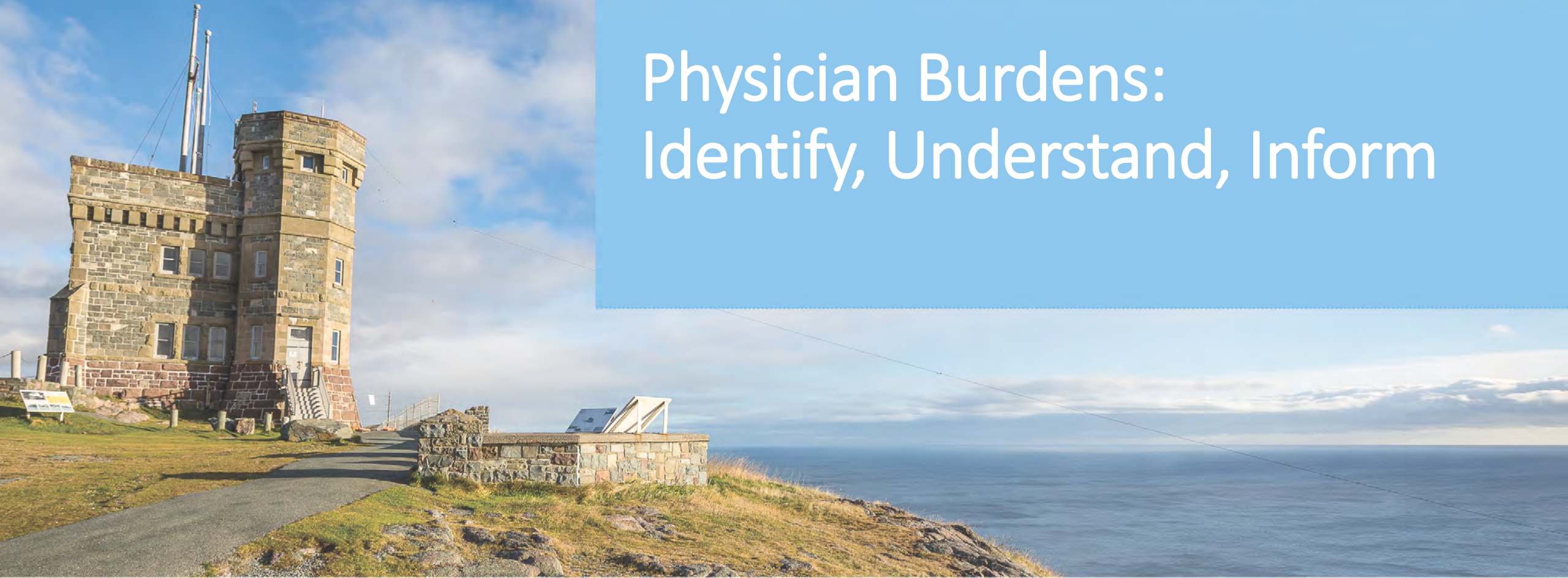


CANADIAN
MEDICAL
ASSOCIATION

AAA
NEWFOUNDLAND AND LABRADOR
MEDICAL ASSOCIATION

CHANGING TIDES:
SHIFTING CULTURES AND CREATING SAFE SPACES

Physician Burdens:
Identify, Understand, Inform



Faculty: Katie Bowers

Relationships with financial sponsors:

Grants/Research Support: N/A

Speakers Bureau/Honoraria: N/A

Consulting Fees: N/A

Patents: N/A

Other: Employee of Doctors of BC

Disclosure of Financial Support

N/A

Potential for conflict(s) of interest:

N/A



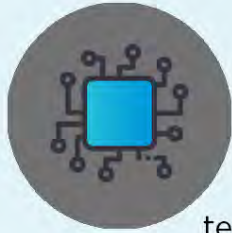
PHYSICIAN BURDENS

Identify, Understand, Inform

Background

- Physicians are frustrated and overwhelmed by mounting and competing demands
- Contributes to negative outcomes for physicians, patients and the health system
- Systemic change is needed to alleviate demands contributing to physician burden

WHAT WE'VE LEARNED SO FAR: *10 BURDEN AREAS*



technology



culture
of medicine



paperwork



health
system
growth



practice
requirements



documentation



work environment



patient
expectations



clinical
complexity



finances



PHYSICIAN BURDENS

Identify, Understand, Inform

Approach

- Small group discussions at Representative Assembly
- Broad member engagement using interactive online engagement platform





PHYSICIAN BURDENS

Identify, Understand, Inform

Solutions

- Address volume of administrative and other unpaid or inefficient work
- Acknowledge value of physician time and expertise
- Promote meaningful engagement in decision-making
- Prioritize physician health and wellness by advocating for systems-level change



PHYSICIAN BURDENS

Identify, Understand, Inform

Next Steps

- Fall 2019 – Consultation paper
- Spring 2020 – Final Policy paper